



DELOS PSYCHIATRY

is now accepting new patients
in Boulder, Colorado!



We specialize in treating patients with **treatment resistant depression & substance abuse disorders** who have not responded to other forms of treatment.

WE ALSO TREAT:



PTSD



Bipolar
Disorder



OCD



Anxiety
Disorders



ADHD



Psychotic
Disorders



We combine personalized, integrative psychiatry with cutting edge, evidence-based mental health treatment, we can help our patients heal both **emotionally and physically**.

WHY DELOS?

We know that mental health is complex & that multiple factors can contribute to the development of mental illness. For this reason, we take an integrative approach that considers the whole person. We understand that each individual has their own unique set of experiences, strengths, and challenges, and we tailor our treatment plans to suit each patient's personal needs.

WHAT MAKES US DIFFERENT?

So often, when we think about mental health, we focus on just treating symptoms. If someone is depressed, they might take medication to help them feel better. If someone is anxious, they might see a therapist to help them manage their anxiety. While these treatments can be helpful, they only address the symptoms of mental illness. To truly address mental health, it is necessary to treat the root causes. This might involve addressing childhood trauma, unresolved conflict, or feelings of worthlessness. It might also involve developing healthy coping mechanisms & learning how to set boundaries. By treating the root causes of mental illness, we can begin to create lasting change.

Contact Us

 **303-481-2366**
 www.delospsych.com



SCAN ME

GET STARTED WITH DELOS, TODAY

 2501 Walnut St. Boulder, CO 80302 #204

 Ari@delospsych.com

OUR PERSONALIZED PSYCHIATRY PLAN INCLUDES:

- ✓ Bio- psycho-social evaluation,
- ✓ Tailored treatment plan,
- ✓ Medical evaluation for underlying hormonal & electrolyte abnormalities,
- ✓ Genetic testing (when warranted).
- ✓ We also offer TMS, Ketamine Assisted Therapy, & MAT substance abuse treatment.



ABOUT DR. ARI AAL



DR. ARI AAL D.O.
Psychiatry

Dr. Ari Aal is a psychiatrist with years of experience providing compassionate, evidence-based care to patients of all ages. He is uniquely trained in several cutting-edge treatments, including Ketamine, Transcranial Magnetic Stimulation (TMS), and integrative psychiatry. Prior to founding Delos Psychiatry, Dr. Aal served as Chief Resident at the largest private psychiatry hospital in Colorado. While there, he won three consecutive awards for exceptionally high Psychiatry in-service test scores (99th percentile). In addition, he was a board member of the Colorado Psychiatric Society and helped advocate for better Colorado mental health policy. Thanks to his extensive training & experience, Dr. Aal is able to provide each patient with an individualized treatment plan that brings optimum results.

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- PTSD
- Bipolar Disorder
- OCD
- Anxiety Disorders
- ADHD
- Psychotic Disorders

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